

Kensho Martial Arts January 2017

School Newsletter



MONTHLY CHARACTER TRAIT

EFFORT: The use of physical or mental energy to do something.

"How hard you try"

This month, we will be working on the development of EFFORT. Most people understand that to get better at something, they have to put "effort" into what they are doing...but what does that really mean?

It means a lot of different things:

- An attention to detail
- Making every act count
- An intent to improve

Whether we are in the dojo or in a classroom, on the job or pursuing a hobby, to get better at something requires us to move beyond our comfort zone. We can't just go through the motions, wishing to reach our goals. We have to be willing to look at everything we do with an eye for making it the best we can with all we've got!

*"The difference
between try
and triumph is
a little umph!"*

Upcoming Events:

January 2nd: Regular classes resume!

January 13th-16th:
CLOSED for Martin Luther King Jr. Day.

January 28th: Chinese New Year...The Year of the Rooster!



Showdown Word Search

Tiger	Showdown	Ninja
Crane	Monkey Fist	Trusty
Snake	Sneaky	Crazy
Dragon	Double	Tokens
Dojo	Kusachi Canyon	Team
WuLee	Door of Destiny	Tent



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www.kenshoma.com



Get the latest school news and special web only deals!!!

Congratulations to everyone who tested in December!!!

Yellow Belt:

Green Stripe:

Bailee I.

Nathan B.

JD E.

Orange Belt:

1st Degree Brown:

David H.

Melissa C.

Blue Stripe:

Jazzmen M.

Jacob H.

Green:

Randy G.

THE Student of the Month

PROGRAM

January brings us the introduction of our new Student of the Month Program!

Instructors will talk about the character traits that it takes to become a Black Belt, and how kids can incorporate these aspects into their daily lives and practice at the dojo!

Each month, a child in our Kids Class will be honored for making choices “like a Black Belt.” They will receive a certificate in recognition of their achievement and get to wear a special Black Belt during the first Wednesday class of the month!

More information will be going home with your child in the following week explaining what it means to be a Black Belt and the kinds of challenging choices they made to earn their rank and the choices they continue to make to maintain excellence! We look forward to seeing the kids wow us!!!