

# Kensho Martial Arts February 2017

School Newsletter



Knowledge will get you power,  
but character, respect.

## MONTHLY CHARACTER TRAIT

Sincerity: Honesty in the expression of feelings.

*"Saying what you mean and  
meaning what you say"*

Sincerity can be one of the most often overlooked, yet simplest of common courtesies. Too often we think nothing of a little white lie or committing to something we don't want to do. These little things can add up to big stresses in our lives!

Over the next month, we'll be talking about ways we can take a stand for ourselves by being honest, tactful, and following through on things we'll say we'll do.

Remember, it's not about telling someone what they want to hear, it's about being strong enough to say what is true, what is necessary, and what is kind. If it will make someone's day and you really mean it, make sure to say it!



## Upcoming Events:

**February 2nd:** Groundhog Day!  
Did he see his shadow!?

**February 14th:** Valentine's Day...  
Go the extra mile to tell your loved ones how much you appreciate them!

**February 20th:** President's Day!  
Kensho will be OPEN for regular classes and lessons!

# Advanced Kids Class beginning this month!!!

Friday, February 3rd marks the start of our new Advanced Kids Class! Blue Belt students and up are invited to participate in this new class designed specifically for their skill levels and development! We hope to see you there!

## KARATE WORD JUMBLE

Can you solve these puzzles?

nucph\_\_\_\_\_

kkic\_\_\_\_\_

lhafoonm\_\_\_\_\_

ctarearch\_\_\_\_\_

kaaret\_\_\_\_\_

lobkcni\_\_\_\_\_

ggno\_\_\_\_\_

sknhoe\_\_\_\_\_

gloa\_\_\_\_\_

frotfe\_\_\_\_\_

ednislpci\_\_\_\_\_

speetrc\_\_\_\_\_

## Did you know...?

Our ninja finally has a name! Everyone say "Hello!" to DIMITRI! At the end of January, he went home with Ms. Sherry to relax from a very busy first month at Kensho, but he's really excited to see who he gets to go home with at the end of February! Remember, his weekend trip will be with the student who sets the best example for him in class!



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